

Leadership Tips

Maximizing Virtual Care Engagement



Employees who actively use their health benefits are less likely to miss work, are more productive and are happier and healthier. Here are some effective ways to maximize engagement with First Stop Health.



Host Ask-Me-Anything (AMA) Sessions

Host AMA sessions in your internal messaging channels. Team members can ask questions and get real-time answers to clear up any confusion or concerns they may have about their benefit.



Talk About It

The more your team members hear about us, the more likely they are to use our services. Make it a part of regular health and wellness conversations in the workplace.



Identify Champions

Educate team members at different worksites on all things First Stop Health. They can offer “boots on the ground” support for answering questions and encouraging participation.



Share Firsthand Experience

The best way to understand the benefits of First Stop Health is to try it for yourself. If you have access to First Stop Health and haven't already done so, request a visit and see how we provide **care that people love®**.