

Doctor Consult Guide

*Below is a high-level prompt to guide your patient consults.
Thank you for providing care that people love.[®]*

1 Introduction and Patient ID and History

- Introduce yourself as a doctor from First Stop Health
- Ask patient to confirm name and date of birth
- During the consult, make sure to scroll down below demographic information and verbally confirm current meds, current conditions, and allergies

2 Personal Medical History

Get to know the patient's personal medical history with questions including:

- Do you have any allergies?
- Do you have any major medical problems that you take medications for?
- I see that you have listed that you are taking _____ medication.
Are there any other medications or supplements you take daily?
- Any chance of pregnancy? Last monthly period?
- Do you use tobacco or vape?

3 History of Present Illness

Ask questions about the patient's current symptoms, including:

- When did these symptoms begin?
- Which symptom is bothering you the most?
- Where is the pain, and what is the intensity on a scale of 1-10?
- What treatments (OTC meds or otherwise) have you tried?

4 Provide Verbal Instructions

Communicate the info the patient will see in their Visit Summary, including:

- The medication you are prescribing
- How many days to take the medication
- That the medication will go to pharmacy chosen during visit request (patient may want to call ahead to confirm it's ready)
- Any special instructions for medication (if applicable)
- Instructions on when and where to seek further care if needed (ex. "If symptoms are not better in X days, go to urgent care.")

5 Sick Note

Ask patient if they would like a doctor's note for work or school. Sick notes will be available in the patient's *Visit Summary under Past Visits* on the mobile app or online. Patients will also receive an email and/or text with a link to their sick note.



Conclusion

- Confirm that the patient has no further questions
- Thank patient for FSH and tell them you hope they'll feel better soon!