

Become a Champion



Champions are selected to partner with First Stop Health and encourage employee engagement in wellbeing initiatives. With a positive attitude and leadership abilities, Champions can shape the culture of health across your organization.



Spread Awareness

Champions spread awareness by sharing information and distributing First Stop Health materials.



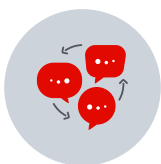
Coordinate Events

Champions assist in coordinating First Stop Health events like worksite health screenings, workshops, webinars and more.



Participate

Champions regularly engage with First Stop Health by having visits, utilizing resources and attending events. They make healthy choices that inspire their team members to do the same!



Represent Team Members

Champions are the voice of team members when it comes to health and wellbeing. They suggest new policies, initiatives and efforts to encourage health and happy worksites.

We make it simple.

Your health and wellbeing programs should improve your company culture without putting more demands on you or your team. We're here to support you with proven resources, personalized communication and encouragement every step of the way.