

First Stop Health Virtual Care

Use your benefit to get free care
via phone or video.









Doctor visits when you need care.

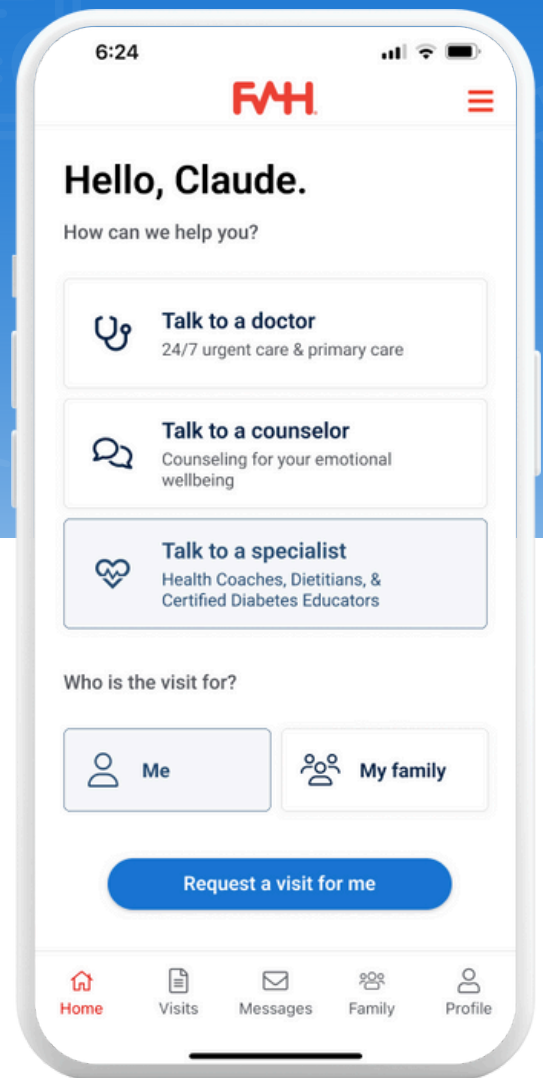
24/7 urgent care or scheduled visits with board-certified doctors. Get diagnosis and treatment, prescriptions, referrals and more.*



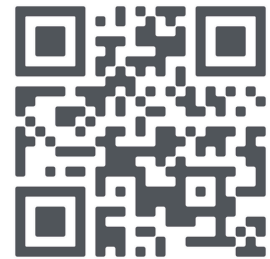
Health coaching to meet your goals.

Ready to feel your best? Talk to a health coach, diabetes educator or dietitian to:

-  Manage weight
-  Improve heart health
-  Quit tobacco
-  Get better sleep
-  Manage diabetes
-  And more



**Activate
your account.**



fshealth.com | mobile app

Use [the last 4 digits of your SSN] [your employee ID] to claim your account!