



Medical questions? Ask your doctor!

You can get what you need while saving time and money. First Stop Health Virtual Primary Care doctors are here to provide expert answers to questions about:



Your health from head to toe!

"How can lower my blood pressure?" "Am I at risk for diabetes?" Get answers from a doctor who cares.



Screenings and lab orders.

Wondering if it's time for a colonoscopy? Want to get screened for anxiety? Talk to a doctor about it from the comfort of home.



Your in-person care.

If you need a second opinion or weren't able to ask all the questions you wanted at an in-person doctor visit, our doctors can fill in the gaps.



More about your benefit.

Irving Materials, Inc. provides First Stop Health Virtual Primary Care to medical-enrolled employees and immediate family members for FREE.

