



Breast Cancer Awareness Month

Did you know that 1 in 8 women in the United States will be diagnosed with breast cancer? That's why it's important to take steps towards protecting your health today.

But you don't have to go through it alone. Our doctors are here to provide compassionate care that includes:

- ✓ Assessing your risk factors, including age, genetics, health history and more
- ✓ Providing a personalized health plan to lower your risk for breast cancer
- ✓ Ordering tests and screenings, including mammograms*
- ✓ Referring you to a breast specialist when needed
- ✓ Supporting your mental health



More about your benefit.

Irving Materials, Inc. provides First Stop Health Primary Care to employees enrolled in the medical plan and their immediate family members. A visit costs \$0.00.