

# Virtual Primary Care FAQs

Wondering how to use First Stop Health Virtual Primary Care? Here's a break down.



## Virtual Primary Care

Supporting your health is simple with virtual primary care. Talk with your personal doctor to:

- Go over your health during your annual wellness visit and set health goals
- Manage your mental health with screenings, diagnoses, referrals, prescriptions\* and more
- Get support for health conditions like asthma, diabetes, high cholesterol and more
- Get referrals, lab orders, sick notes and more

[Schedule your first visit](#) in our free mobile app, at [fshealth.com](https://fshealth.com) or just call 888-691-7867.



## Urgent Care

Need care now? Use urgent care talk to a doctor in just minutes! [Request a visit in just a few clicks.](#)



## Care for your family

We can treat urgent care issues in those <18. Adults can use FSH for both primary and urgent care.

Southern Wellness Trust provides virtual primary care and virtual counseling to medical enrolled employees and their covered dependents for FREE.